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CD105⁺ fibroblasts support an immunosuppressive niche in women at high risk of breast cancer initiation

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Abstract

Background Aging is the greatest risk factor for breast cancer, and although epithelial cells are the source of carcinomas, epithelial changes alone do not fully explain cancer susceptibility. Fibroblasts and macrophages are key stromal constituents around the cells of origin for cancer in breast tissue. With age, macrophages surrounding terminal ductal lobular units (TDLUs) become increasingly immunosuppressive. CD105⁺ fibroblasts intercalate within TDLUs, drive luminal differentiation, and give rise to immunosuppressive cancer-associated fibroblasts in other tissues. We propose that differences in fibroblasts are a crucial component of the stroma that shapes cancer susceptibility.

Methods Primary peri-epithelial fibroblast cultures were established from prophylactic and reduction mammoplasties from 30 women ranging in age from 16 to 70 years and from *BRCA1* mutation carriers. Growth characteristics, transcriptional profiles, differentiation potential, and secreted proteins were profiled for fibroblast subtypes from diverse donors. Co-cultures with fibroblasts, macrophages, and T cells were used to ascertain the functional role played by CD105⁺ fibroblasts in immune cell modulation.

Results We found that peri-epithelial CD105⁺ fibroblasts are enriched in older women as well as women who carry *BRCA1* mutations. These CD105⁺ fibroblasts exhibit robust adipogenesis and secrete factors related to macrophage polarization. Macrophages cocultured with fibroblasts better maintain or enhance polarization states than media alone. CD105⁺ fibroblasts increased expression of immunosuppressive macrophage genes. CD105⁺ fibroblasts supported anti-inflammatory macrophage-mediated suppression of T cell proliferation, whereas CD105⁻ fibroblasts significantly reduced the suppressive effect of anti-inflammatory macrophages on T cell proliferation.

Conclusions Establishment of a coculture system to dissect the molecular circuits between CD105⁺ fibroblasts and macrophages that drive immunosuppressive macrophage polarization has broad utility in understanding mammary gland development and events that precede cancer initiation. CD105⁺ fibroblasts and macrophages may coordinate to suppress immunosurveillance and increase breast cancer susceptibility.

Keywords Intralobular fibroblasts, Aging, BRCA1, Macrophages, Immunosuppressive

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Background

The epithelial structures within the breast responsible for producing milk during lactation are known as terminal ductal lobular units (TDLUs). A TDLU is a collection of acini arising from one terminal duct and is embedded in intralobular stroma, which all together, is considered a functional unit of the breast. These structures are incredibly dynamic and are characterized by extracellular matrix (ECM) and cellular turnover throughout a woman's life [1-4]. It is within these highly dynamic structures that breast cancer arises [5, 6].

Understanding how the dynamic microenvironment of the breast contributes to increased susceptibility of breast cancer initiation would improve risk stratification of women and open opportunities for the development of preventative therapeutics. Fibroblasts and macrophages are essential components of the stroma that play critical roles in mammary gland development and homeostasis [1, 7–10]. Interactions between these cells are well studied in tumor microenvironments [11–14], but how these interactions in normal tissue contribute to breast cancer susceptibility is not well understood. The type-1 transmembrane glycoprotein endoglin (CD105, ENG) and dipeptidyl peptidase-4 (CD26, DPP4) are expressed by fibroblast subpopulations in healthy and diseased breast tissue [15-18]. CD26, used as a marker for fibroblast subtypes in mouse mammary glands [19, 20], is unstable in culture and has weaker protein-level expression when compared to CD105 in humans [16, 21-23]. Fibroblasts that express CD105 (CD105⁺) describe a population that is enriched in the intralobular stroma [16]. Whereas immune regulatory functions of cancer associated fibroblasts (CAFs) have been described, relatively less is known about the immune regulatory roles of fibroblasts in normal tissue and how changes in fibroblast subtypes with age and other biological states are associated with increased cancer susceptibility [24, 25]. Macrophages are diverse and plastic members of the innate immune system that closely associate with TDLUs and change in composition with age. They may be categorized according to different functions. Pro-inflammatory macrophages migrate to inflamed tissues, kill pathogens through the production of reactive oxygen species, and are capable of activating the adaptive immune system [26]. Anti-inflammatory macrophages facilitate tissue repair and induce immune tolerance by attracting regulatory T cells (Tregs) and $T_h 2$ T cells devoid of cytotoxic function [27]. Antiinflammatory macrophages are enriched in the breasts of postmenopausal women [28] and preferentially localize to intralobular stroma when compared to pro-inflammatory macrophages [29]. Whether there is a functional relationship between macrophages and fibroblasts in the contexts of aging and cancer susceptibility in breast has not been described.

Herein, peri-epithelial fibroblast subtype composition was defined in early passage, finite fibroblast strains from 30 different women to evaluate how fibroblasts change in average risk older women and high-risk women with pathogenic BRCA1 mutations. Numerous assays were performed to determine differences between CD105⁺ and CD105⁻ fibroblasts from different individuals at the transcriptional, protein, and functional levels. Immune cell cocultures were established between fibroblast subtypes and innate and adaptive immune cells. The signature for primary CD105⁺ fibroblasts in culture was applied to publicly available human breast atlas datasets to ground the relevance of the findings in vivo. CD105⁺ fibroblasts were found to be enriched in cultures established from women at high risk of developing breast cancer, were enriched for pathways related to an inflammatory milieu with the potential for negative regulation of the immune system, exhibited robust adipogenic potential, and were found to influence macrophage polarization both in culture and in vivo.

Methods

Human subjects

The present study was approved by the Human Subjects Committee and the Institutional Review Board (IRB) 17185 at City of Hope. Twenty-five women were consented in person and sequentially; all women signed a City of Hope IRB-approved consent before trial entry. Women were eligible for the present study if they were undergoing a breast reduction or prophylactic mastectomy. Ten breast organoid preparations from reduction mammoplasties were used to establish fibroblast strains prepared at the Lawrence Berkeley National Laboratory (Berkeley, CA) with approved IRB for sample distribution and collection from specific locations. Metadata including: age, BMI, self-reported ethnicity, family history of cancer, treatment, diagnosis, and BRCA1 mutational status are included in Supplementary Table 1. Three leukapheresis products (whole blood discard kits) were obtained from consented healthy donors under protocols approved by the City of Hope Internal Review Board.

Isolation of fibroblasts

Peri-epithelial fibroblasts were isolated from primary organoids using differential trypsinization, as described previously [30]. Briefly, human mammary tissue is obtained as discard material from surgical procedures. Using sterile scalpels, adipose tissue is cut away, and the tissue is cut into smaller 3–4 mm pieces to aid digestion. The dissected epithelial tissue is placed in a conical centrifuge tube and enzymatically digested in media supplemented with 200 U/ml crude collagenase and 100 U/ml hyaluronidase overnight at 37 °C with gentle agitation. The tube is centrifuged to decant supernatant fat and medium. Organoids are resuspended in media. Digestion is complete when microscopic examination of organoids shows presence of ductal, alveolar, or ductalalveolar structures. Digested organoids are added to a 100 µm cell strainer over a sterile 50 ml tube. Organoids are washed and the organoids that do not pass through the filter are collected and plated (approximately 20-40 organoids seeded per 60 mm dish). Cell migration from the organoids is visible by 24-48 h, and mitotic outgrowth by 48-72 h. Differential trypsinization with 0.05% trypsin is used to isolate the peri-epithelial fibroblasts from the outgrowths based on the rapid detachment of fibroblasts from the surface plastic, relative to epithelial cells. The peri-epithelial fibroblasts are collected and frozen for future expansion. Fibroblasts were maintained on 100 mm culture dishes (Greiner Cellstar) in M87A medium [31] supplemented with 5% FBS (Gemini Bio-Products). To ensure that changes to CD105 expression were not cell culture artifacts, fibroblasts were maintained at subconfluence and dissociated with 0.05% trypsin for less than 5 min for passaging. 0.05% trypsin was found to produce identical CD105 expression patterns as a non-enzymatic dissociation method, 1 mM EDTA. Each strain was confirmed to be negative for mycoplasma prior to use.

Flow cytometry and cell sorting

Fibroblasts were dissociated using 0.05% trypsin or 1 mM EDTA and stained on ice with conjugated antibodies for 25 min prior analysis on either an Attune (ThermoFisher) or Quanteon (Agilent) flow cytometer. 1 μ g/ml of DAPI was added 10 min prior to analysis for dead cell exclusion. See Supplementary Table 2 for the complete list of antibodies used to profile fibroblasts (data for antibodies in gray are not presented in the manuscript; fibroblasts were uniformly negative for these markers). Unstained cells were used to establish positive and negative gates. FlowJo v.10.6.2 (BD Life Sciences) was used to analyze data. GraphPad Prism v.9.3.1 was used to perform simple linear regression, unpaired t tests with Welch's correction, and 2-way ANOVA with Tukey's multiple comparisons test.

Many experiments (growth curve analysis, RNAsequencing, adipogenesis, osteogenesis, Luminex, and cocultures) presented in this manuscript necessitated the sorting of cultured fibroblasts into CD105⁺ and CD105⁻ subpopulations. Fibroblasts were dissociated using 0.05% trypsin and stained on ice with conjugated antibodies targeting CD105 and in some cases CD26 (Supplementary Table 2) for 25 min, with rinsing, prior to sorting using an Aria III cell sorter (BD Biosciences). 1 μ g/ml of DAPI was added 10 min prior to sorting for dead cell exclusion. Unstained cells were used to establish positive and negative gates. Forward scatter (FSC) and side scatter (SSC) were used to identify fibroblasts based on size and granularity. Single cells were selected using FSC-area and FSCheight to exclude doublets. DAPI was used to exclude dead cells. Based on gates set by unstained cells, CD105⁺ and CD105⁻ fibroblasts were collected into FACs tubes filled with media.

Growth curve analysis

To initiate the growth curve assay, fibroblasts from the following strains were grown to subconfluency: C073, 169, C023, and C008 (starting passages are listed in Supplementary Table 1). Fibroblasts were then sorted into CD105⁺ and CD105⁻ subpopulations using a combination of antibodies targeting CD105 and CD26 (Supplementary Table 2) with an ARIA III cell sorter (BD Biosciences). 50,000 cells were seeded in triplicate at the start of every passage in a 6-well plate $(5,200 \text{ cells/cm}^2)$ (CytoOne) and cells were counted at the point when the dish became subconfluent. Each replicate was counted using a hemocytometer. Total population doublings (PD) were calculated using the equation $PD = \log_2(N^{\text{final}}/N^{\text{ini-}})$ ^{tial}). N is the number of cells counted. GraphPad Prism v.9.3.1 was used to perform a 2-way ANOVA on the growth curves from fibroblast subtypes.

Differentiation assays

For adipogenic differentiation sorted CD105⁺ and CD105⁻ fibroblasts (Supplementary Fig. 4) were seeded at 20,000 cells per well in 12-well plates (5,700 cells/ cm²) (Greiner Cellstar) and changed to adipogenic (100 nM dexamethasone (Sigma-Aldrich, D1756), 450uM 1-methyl-3-isobutylxanthine (Sigma-Aldrich, I5879), 1 μ M Rosiglitazone (Cayman, 71,740), and 1 μ g/ml insulin (Sigma-Aldrich, I5500) in DMEM/F12 (Gibco) +10% FBS (Gemini Bio-Products)) [32, 33] or control media (DMEM/F12 + 10% FBS) once cells reached subconfluence (typically after 4 days). Adipogenic induction was visualized by Oil Red O (ORO) (Sigma-Aldrich O0625) staining after two weeks. Cultures were fixed at room temperature for 15 min in 4% paraformaldehyde, cells were rinsed with water, washed with 60% isopropanol (IPA) for 5 min, and stained with ORO working solution (0.3 mg/ml Oil Red O dye in 60% IPA) for 20 min at room temperature. To quantify ORO staining, cells were rinsed with water, washed with 60% IPA for 5 min, and 250 µl of 100% IPA was added to each well to solubilize ORO staining. 200 µl of the IPA:ORO solution was transferred to a well of a 96-well microplate

(Corning) and absorbance at 492 nm was read on a plate reader (100% IPA was used as a blank). GraphPad Prism v.9.3.1 was used to perform paired T-tests.

For osteogenic differentiation, sorted CD105⁺ and CD105⁻ fibroblasts were seeded at 20,000 cells/cm², and changed to osteoblastic (5 mM beta-glycerophosphate (Sigma-Aldrich G9422), 283 μ M L-ascorbic acid (Sigma-Aldrich A92902), 10 nM dexamethasone (Sigma-Aldrich D1756), and 10 μ M 1 α ,25-dihydroxyvitamin D3 (Sigma-Aldrich D1530) in DMEM/F12 (Gibco) +10% FBS (Gemini Bio-Products))[32] or control media (DMEM/F12 +10% FBS) after two days in culture. Alizarin Red staining (Abcam) was used to assess formation of mineralized matrix after 4 weeks as described [32]. Induction of differentiation in human bone marrow-derived MSCs (ATCC, PCS-500–012) was used as a positive control in both assays.

Luminex assay

100,000 viable sorted CD105⁺ and CD105⁻ fibroblasts were seeded into 6-well plates (10,400 cells/cm²) (CytoOne) in M87 A+ 5% FBS (Gemini Bio-Products). Media was changed after 2 days. 48 h after the media change, supernatant was collected and centrifuged at 2,000X g for 10 min at 4 °C. Cell and debris-free supernatant was stored at -80 °C until analysis in duplicate on a custom 23-plex (LUM, ALDH1 A1, MMP-3, IL-8, CD26, CXCL6, CCL2, IL-1B, DKK-1, SPARC, CXCL1, M-CSF, TSP-2, POSTN, FN1, BMP-2, IL-6, IL-33, MCAM, IGFBP-2, IGFBP-7, LIF, SCF) Luminex assay (R&D Systems). Concentrations of each analyte were adjusted based on values from M87 A+ 5%FBS media alone. Values below the detectable range were replaced with zeroes. Values above the detectable range were replaced with N/A values. Concentrations for SPARC, FN1, and ALDH1 A1 were outside of reliable detection limits for all strains and were excluded from analysis. To generate the principal component analysis (PCA) plot in R v.4.1.2 [34] (Supplementary Fig. 4B), analytes MMP3, CXCL1, and IL8 were also excluded from analysis because of N/A values for some samples. GraphPad Prism v.9.3.1 was used to perform paired T-tests and simple linear regressions.

Bulk RNA-sequencing

Fibroblasts were sorted into CD105⁺ and CD105⁻ subpopulations using a combination of antibodies targeting CD105 and CD26 (Supplementary Fig. 2A) with an ARIA III cell sorter (BD Biosciences). "CD105⁻⁻" fibroblasts from donor C145 were excluded from downstream analysis as this population represented a relative CD105^{low} group of cells that was not transcriptionally similar to any other CD105⁻ samples. RNA extraction from the sorted cells was performed using a Quick-RNA Microprep kit with Zymo-Spin IC columns (Zymo Research, catalog no. R1050). Samples were then submitted to the City of Hope Integrative Genomics Core for RNA-seq. RNA-seq. libraries were prepared using KAPA mRNA HyperPrep Kit (KAPABiosystems, catalog no. KR1352) according to the manufacturer's protocol. Sequencing was performed on an Illumina NovaSeq 6000 with the paired-end read mode of 101 cycles. RNA-seq reads were trimmed to remove sequencing adapters using Trimmomatic [35]. The processed reads were mapped back to the human genome (hg19) using TOPHAT2 software [36]. HTSeq [37] and RSeQC [38] software packages were applied to generate the count matrices and strand information, respectively, using default parameters. Differential gene expression analysis was performed in R using DESeq2 [39]. A vst() transformed DESeq object was used to generate the PCA plot and heatmap [40]. Genes labeled on the heatmap are the top 30 genes differentially expressed in CD105⁺ vs. CD105⁻ fibroblasts ordered by adjusted p-value with a minimum expression of 100 normalized count values. A lfcShrink() transformed DESeq object was used to generate the Enhancedvolcano plot [41] that was labeled with significantly upregulated genes related to the Gene Ontology (GO) term "negative regulation of immune system" along with ENG and CD248. topGO [42] was used to perform GO term enrichment analysis on genes significantly upregulated (log2 FoldChange >1 and baseMean >1 and padj < 0.05) in CD105⁺ compared to CD105⁻ fibroblasts. Pathways with Kolmogorov-Smirnov values less than 0.05 were considered significantly enriched (Supplementary Fig. 2B). Further pathway analysis was performed with clusterProfiler [43] on differentially expressed genes (log2 FoldChange > or <0 and padj <0.05) ranked by log2 FoldChange. Ingenuity pathway analysis (IPA) [44] of significantly differentially expressed genes (log2 FoldChange >1 or <-1 and base-Mean >1 and padj <0.05) between $BRCA1^{mut/+}$ CD105⁺ and younger AR CD105⁺ fibroblasts was analyzed with the use of QIAGEN IPA.

scRNA-seq analysis

For visualization of gene expression at single-cell resolution and single cell gene set enrichment analysis (scG-SEA), three data sets were used: both Kumar et al. 2023 [28] and Reed et al. 2024 [25] were downloaded from CELLXGENE [45] as Seurat objects [46] and GSE161529 [47] was provided as a Seurat object by the group of Dr. Andrea Bild. Downstream analysis was performed on fibroblasts and myeloid cells from the Kumar et al. dataset; stroma and fibroblasts from the Reed et al. dataset, and fibroblasts from the Pal et al. dataset. Data processing and analysis was performed in R. ssCustomize() was used to visualize the expression of single genes and the

CD105 signature top 30 differentially expressed genes (> 100 mean normalized count and ordered by adjusted P value) between CD105⁺ and CD105⁻ fibroblasts (Supplementary Table 3) on UMAPs from each dataset. scG-SEA was performed using the escape R package [48] that utilizes UCell [49] to execute and visualize GSEA across individual cells. Comparisons between cell types and groups were subjected to the Kruskal-Wallis test with post-hoc Wilcoxon to determine *p*-values [28]. The Kruskal-Wallis test with post-hoc Wilcoxon was used to compare mean signatures between groups and revealed that nearly every comparison was extremely significantly different (p < 0.0001), but that was likely a reflection of very small differences amplified by massive sample sizes, thus masking actual biological differences (Fig. 6A and B, Supplementary Fig. 6B-E, G-I). For this reason, p-values were not plotted and instead stars represent standardized mean difference calculations. Standardized mean differences were calculated by subtracting the means of two groups and dividing by the pooled standard deviation not accounting for sample size of each group; small effect size (0.2 - 0.5) *, medium effect size (0.5 - 0.8) **, large effect size (>0.8) *** [50]. CellChat (v.1.1.3) [51] was applied with default parameters to myeloid cells and fibroblasts from Kumar et al. to infer differential strength and number of interactions between cells differing in menopausal status.

Immunofluorescent staining in cultured fibroblasts

Fibroblasts were seeded onto glass coverslips in 24-well plates (Greiner Cellstar, 662,160) at a density of 5,263 cells/cm² in M87A + 5% FBS. Fibroblasts were grown until close to confluence, fixed with ice cold methanol:acetone for 15 min, blocked with immunofluorescence (IF) blocking buffer (5% donor goat serum (R&D Systems, S13150) and 0.1% Triton X-100 (Sigma-Aldrich T8787) in phosphate-buffered saline (PBS)) for 1 h at room temperature, incubated with a staining solution with antibodies targeting CD105 and ACTA2 (alpha smooth muscle actin) (Supplementary Table 4) overnight at 4 °C on a rotating shaker, coverslips were washed with PBS, incubated with a secondary staining solution with Hoechst for 2 h at room temperature, washed with PBS, and mounted using Fluoromount-G (Electron Microscopy Sciences, 17984). Multiple representative images were acquired for each coverslip using a Nikon Eclipse Ti2. Coverslips only stained with secondary antibodies served as controls and were used to set exposure times for image acquisition. CellProfiler [52] was used to determine the mean intensity of ACTA2 and CD105 for each fibroblast from each strain. Mean intensity values were plotted using geom_pointdensity in R after rescaling values between 0 and 1.

Immunofluorescent staining of tissue sections

Formalin fixed paraffin-embedded (FFPE) tissue sections, from donors listed in Supplementary Table 1, were deparaffinized and rehydrated by washing slides in xylene 3 times for 3 min each, dunking slides 20 times in 3 different 100% ethanol coplin jars, dunking slides 20 times in 2 different 95% ethanol coplin jars, and removing ethanol from each slide by rinsing with diH₂O. Antigen retrieval was performed by incubating the slides with citric acid-based antigen unmasking solution (Vector Laboratories, H-3300) at 98 °C for 10 min; slides were allowed to cool at room temperature until they reached 35 °C. Then, sections were washed with PBS for 5 min. Samples were incubated in IF blocking buffer at room temperature for 1 h. Primary antibodies targeting CD248, K14 (also listed as KRT14, myoepithelial marker), K19 (also listed as KRT19, luminal marker) (Supplementary Table 4) were diluted into IF blocking buffer and incubated with the samples overnight. Samples were washed three times with PBS, stained with appropriate fluorophore-conjugated secondary antibodies (Supplementary Table 4) and Hoechst stain 33342 (Supplementary Table 4) for 2 h at room temperature. Slides were washed 3 times with PBS at room temperature and then coverslips were mounted using Fluoromount-G. Multiple representative images of ducts and lobes were acquired using a Nikon Eclipse Ti2 or a Zeiss LSM 700. Fiji [53] was used to select lobular and ductal structures based on keratin staining patterns: lobular structures were characterized by sporadic staining of the luminal marker K19 and sparse staining of myoepithelial marker K14; ductal structures were identified by presence of bilayered epithelium with K19⁺ luminal cells lining the lumen surrounded by K14⁺ myoepithelial cells [54]. The mean fluorescence intensity of CD248 of a selected region was divided by the average mean fluorescence intensity of the background to determine the relative intensity of CD248 staining for a particular structure (Supplementary Fig. 6J). Mann-Whitney test was used to determine whether differences between groups were significant.

Immune cell source

Day of leukapheresis, peripheral blood mononuclear cells (PBMCs) were isolated by density gradient centrifugation over Ficoll-Paque (GE Healthcare) followed by multiple washes with PBS containing 1 mM EDTA (PBS-EDTA, Cellgro). Monocytes were isolated from freshly collected PBMCs using CD14 antibody-conjugated microbeads and magnetic columns (Miltenyi Biotec, 130–050–201) according to the manufacturer's protocol. CD14⁺ and CD14⁻ fractions were frozen in CryoStor CS5 (StemCell Technologies) in liquid nitrogen until initiation of coculture experiments.

Macrophage differentiation

Primary human pro- and anti-inflammatory macrophages were differentiated and polarized as previously described [55, 56]. Briefly, frozen human monocytes (CD14⁺) were thawed and cultured in cytokine-containing RPMI (Lonza) +10% FBS (heat-inactivated, gammairradiated Hyclone) for 8 days in 6-well plates (104,200 cells/cm² seeding density) (CytoOne). To differentiate pro-inflammatory macrophages, cells were cultured with GM-CSF (BioLegend, 572903). The media was changed once after 4 days to media containing GM-CSF, IFN-y (BioLegend, 570202), LPS (Sigma-Aldrich, L3012) and IL-6 (BioLegend, 570804). To differentiate anti-inflammatory macrophages, cells were cultured with M-CSF (BioLegend, 574804). The media was changed once after 4 days to media containing M-CSF, IL-4 (BioLegend, 574,002), IL-13 (BioLegend, 571102) and IL-6. All cytokines and LPS were used at 20 ng/mL. After another 4 days of differentiation, macrophages were dissociated using 1 mM PBS-EDTA, and phenotype was assessed by flow cytometry (CD80, CD206, and CD163; Supplementary Table 2) and qPCR (Supplementary Table 5) to confirm successful polarization. Cells were counted and used for further studies.

Cocultures

After 8 days of macrophage differentiation and polarization, sorted (using the protocol outlined in Flow cytometry and cell sorting) CD105⁺ and CD105⁻ fibroblasts (see Supplementary Table 1 for strains and passage numbers) were seeded at a ratio of 1:2.5 (fibroblast:macrophage) onto macrophages that had been washed to remove polarization media (Fig. 4A). Cocultures were maintained for 4 days in RPMI + 10% FBS with a media change at day 2. Macrophages cultured without fibroblasts in RPMI + 10% FBS served as controls. At day 4, fibroblasts and macrophages were dissociated using 1 mM EDTA and passed through a 100 µm filter to remove cell aggregates that did not dissociate. Macrophages were separated from fibroblasts using a magnetic bead CD45 positive isolation kit (STEMCELL, 100-0105) according to the manufacturer's protocol.

Triculture experiments were conducted in XVIVO 15 (Lonza) + 10% FBS to maximize T cell viability. Following the two-phase differentiation and polarization protocol, macrophages were profiled by flow cytometry (CD80, CD206, and CD163; Supplementary Table 2) and counted. 100,000 macrophages were seeded in each well of a 24-well plate (Greiner Cellstar, 662160). 40,000 sorted (using the protocol outlined in *Flow cytometry and cell sorting*) CD105⁺ and CD105⁻ fibroblasts (C147, passage 4) were counted and seeded onto adherent macrophages. CD14⁻ cells were thawed and profiled for CD3⁺ T cell proportion by flow cytometry (Supplementary Table 2). The T cell enriched fraction was labeled with CFSE violet (ThermoFisher, C34571) according to the manufacturer's protocol. T cells were then stimulated with CD3/CD28 Dynabead (ThermoFisher, 11161D) at a ratio of 1 bead to 1 T cell. 100,000 labeled, stimulated T cells were then added to the appropriate wells and coculture was maintained for 3 days prior to analysis of T cell proliferation by flow cytometry. Unstimulated T cells served as a negative control and stimulated T cells alone served as the positive control.

Coculture endpoint analysis

A fraction of macrophages were analyzed by flow cytometry (CD45, CD80, CD163, CD206; Supplementary Table 2) and the remaining macrophages were lysed and stored at -80 °C until qPCR analysis. RNA was isolated from CD45-enriched macrophages with Quick-RNA Microprep kit (Zymo Research). For qPCR, cDNAs were synthesized with iScript reverse transcriptase (Bio-Rad) according to the manufacturer's manual. Quantitative gene-expression analysis was performed by CFX384 real-time PCR (Bio-Rad) with Universal SYBR Green supermix (Bio-Rad). Data were normalized to TBP after calculating relative quantity $(2^{\Delta Cq})$ based on specified control groups. Normalized gene expression was then log₂ transformed. Primers are listed in Supplementary Table 5. GraphPad Prism v.9.3.1 was used to perform two-tailed unpaired T-tests.

For macrophage:fibroblast:T cell triculture experiments, T cells in suspension were collected with light pipetting and stained with CD3, CD4, and CD8 targeted antibodies (Supplementary Table 2). T cells were gated based on CD3 and either CD4 or CD8 expression. Unstained T cells were used to establish CD3, CD4, and CD8 gates. CFSE-labeled, unstimulated T cells were used to establish the gate for proliferating T cells (Supplementary Fig. 5G and H). GraphPad Prism v.9.3.1 was used to perform two-tailed unpaired T-tests.

Results

CD105 expression increases in early passage primary fibroblasts from high-risk women

CD105 expression was used to distinguish between interlobular/ductal (CD105⁻) and lobular (CD105⁺) fibroblasts present in early passage, primary fibroblasts from 30 women (Supplementary Fig. 1 A). Peri-epithelial primary fibroblast strains from 20 average risk (AR) women ranging in age from 16 to 70 years were established by isolating and sub-culturing the fibroblasts that migrated from epithelial organoids onto the tissue culture plastic, when they were purified by differential trypsinization and then sub-cultured. CD105 expression was measured



Fig. 1 CD105⁺ fibroblasts are more abundant in cultures from older women and women with *BRCA1* mutations. **A** Flow cytometry measurement of CD105 proportion in fibroblasts from women ranging from 16 to 70 years of age (n = 20); simple linear regression plotted with 95% confidence intervals. **B** Flow cytometry measurement of CD105 proportion in fibroblasts from age-matched women with varying *BRCA1* mutational status (AR n = 13, *BRCA1^{mut/+}* n = 10); unpaired t test with Welch's correction (P value = 0.026). **C** Population doublings of CD105⁺ and CD105⁻ fibroblasts from women with different *BRCA1* mutational statuses in serial passage subculture, error bars represent standard deviation, two-way ANOVA (**** = P < 0.0001)

using flow cytometry. A simple linear regression shows a strong positive correlation between age and proportion of fibroblast population that express CD105 (Fig. 1A). Because CD105⁺ fibroblasts were found to be enriched in older women, who are more susceptible to breast cancer, and CD105⁺ fibroblasts have been described as the source of myofibroblast-like cancer associated fibroblasts (myCAFs) that are associated with poor patient outcomes [23], we measured CD105 proportions in another group of women with genetically increased breast cancer susceptibility. Flow cytometry was used to measure CD105 expression in fibroblasts isolated from women with pathogenic BRCA1 mutations and fibroblasts from these women have significantly (P = 0.026) larger CD105⁺ populations (mean = 83.9%) when compared to their agematched, AR peers (mean = 64.9%) (Fig. 1B). CD105⁺ fibroblasts were reported to have a slower growth rate than their CD105⁻ counterparts [16, 22, 23], and this was found to be true in four strains from different risk groups (Fig. 1C). Taken together, these results indicate that CD105⁺ fibroblasts are enriched in populations at higher risk for breast cancer.

Early passage fibroblasts were uniformly positive for fibroblast markers CD13, CD109, platelet-derived growth factor receptor alpha (PDGFR α), and platelet-derived growth factor receptor beta (PDGFR β) [21, 57, 58–61] and mesenchymal stem cell (MSC) markers CD73, CD90, CD166, and protein C receptor (PROCR) [62–64] (Supplementary Fig. 1C). A marker of CAFs, podoplanin (PDPN), was the only marker found to vary in expression between the three groups analyzed, as *BRCA1^{mut/+}* fibroblasts had significantly (P =0.0016) less PDPN than older AR fibroblasts (Supplementary Fig. 1C), which agrees with observations made about CAFs derived from women with *BRCA1* mutations [65].

CD105⁺ fibroblasts from women with differences in breast cancer susceptibility differ transcriptionally

To further define differences between CD105⁺ and CD105⁻ fibroblasts and fibroblasts from women with differences in breast cancer susceptibility, RNA-sequencing was performed on sorted fibroblasts from 15 individuals (Supplementary Fig. 2A). Sequenced samples predictably separate by CD105 expression in a principal component analysis (Fig. 2A). When samples are clustered by the top 30 differentially expressed genes between CD105⁺ and CD105⁻ fibroblasts, three populations emerge: CD105⁻ (with specimen 122 CD105⁺ as the lone outlier in this cluster), CD105^{middle} (C023, 051, 240, C073, C078, 112, 160, and C051 CD105⁺), and CD105^{high} (C094, C045, 169, 117, C145, and C147 CD105⁺) (Fig. 2B). This data further supports the idea that there are grades to CD105 expression and it is notable that the CD105^{high} group is composed primarily of older and BRCA1^{mut/+} strains (save for the oldest younger AR strain, 169) [23, 66]. A majority of differentially expressed genes between CD105⁺ and CD105⁻ fibroblasts are genes that are upregulated in CD105⁺ fibroblasts. Gene ontology (GO) pathway analysis of the upregulated genes in CD105⁺ fibroblasts relative to CD105⁻ fibroblasts found that the most enriched biological process in CD105⁺ fibroblasts is negative regulation of the immune system (Supplementary Fig. 2B). Genes from this pathway that are upregulated in CD105⁺ fibroblasts are labeled on the volcano plot in Fig. 2C along with ENG (CD105) and CD248, which is a proxy marker for $CD105^+$ fibroblasts [22]. Further pathway level analysis of differentially expressed genes shows that CD105⁻ fibroblasts are enriched for MSigDB hallmark pathways related to proliferation (Fig. 2D and Fig. 1C). Genes differentially expressed in CD105⁺ fibroblasts are enriched in pathways related to myogenesis, adipogenesis, angiogenesis, and TGFβ signaling (Fig. 2D). CD105⁺ fibroblasts were also enriched for a host of pathways related to inflammation including: inflammatory response, IL6 signaling, IFNy response, IFN α response, and TNF α signaling which indicates that these fibroblasts are associated with a chronically inflamed microenvironment (Fig. 2D).

Observing transcriptional differences between CD105⁺ and CD105⁻ fibroblasts is not novel [16, 66, 67], and we next determined whether CD105⁺ fibroblast populations differed between individuals with differences in breast cancer susceptibility (Fig. 2E). The greatest number of differentially expressed genes are between CD105⁺ and CD105⁻ fibroblasts from individuals in the same risk group; however, a more interesting observation was that CD105⁺ fibroblasts from women who carry BRCA1 mutations are transcriptionally distinct from CD105⁺ fibroblasts from their age-matched, AR counterparts (Fig. 2E). Ingenuity pathway analysis (IPA) showed that the top pathways enriched in CD105⁺ BRCA1^{mut/+} fibroblasts were related to fibrosis, autoimmune diseases, and cytokine storm signaling (Fig. 2F). This result further strengthens the connection between CD105⁺ fibroblasts and immune modulation and suggests that fibroblasts from women with BRCA1 mutations may be especially prone to fibrosis and immune cell interactions. CD105⁺ fibroblasts have a unique transcriptional signature that suggests they have characteristics of myofibroblasts, are capable of transdifferentiating, contribute to inflammation, and may interact with immune populations.

CD105⁺ fibroblasts are capable of adipogenesis and secrete macrophage polarization factors

Because the fibroblasts strains analyzed express markers enriched on adipose stem cells *e.g.* CD13, CD73, CD90, PDGFR α , and PDGFR β (Supplementary Fig. 1C) [68, 69], and CD105⁺ fibroblasts have upregulated expression of genes related to adipogenesis, like *MEDAG* and *EBF1* [70](Fig. 2B and D), and have previously been shown to exhibit adipogenic potential like mesenchymal stem cells (MSCs) [16, 71] we quantified the adipogenic potential of CD105⁺ fibroblasts from 15 individuals. CD105⁺ and CD105⁻ fibroblasts were grown in DMEM/F12 +10% FBS until they were subconfluent when media was switched to an adipogenic media for 2 weeks. Following culture in adipogenic media, cells were fixed and neutral lipids were stained with an oil red O (ORO) solution. ORO stained lipid-containing vacuoles are prominent

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Fig. 2 Differentially expressed genes in CD105⁺ fibroblasts are enriched in pathways related to adipogenesis, angiogenesis, and negative regulation of the immune system. **A** Principal component analysis (PCA) of all expressed genes for the 29 samples analyzed by RNA-seq **B** Heatmap of samples (columns) clustered based on expression of top 30 differentially expressed genes (rows) between CD105⁺ and CD105⁻ fibroblasts; values centered and scaled by row. **C** Volcano plot of differentially expressed genes in CD105⁺ compared with CD105⁻ fibroblasts with significantly upregulated genes related to the GO term "negative regulation of immune system" labeled along with *ENG (CD105)* and *CD248*. **D** MSigDB hallmark pathways enriched in CD105⁺ and CD105⁻ fibroblasts. **E** Number of differentially expressed genes between fibroblasts from each group. **F** Ingenuity pathway analysis of differentially expressed genes. CD105⁺ and younger AR CD105⁺ fibroblasts. Data were analyzed with the use of QIAGEN IPA (QIAGEN Inc., https://digitalinsights.qiagen.com/IPA)



Fig. 2 (See legend on previous page.)

in CD105⁺ fibroblasts treated with adipogenic media compared to the background signal in other conditions (Fig. 3A). CD105⁺ fibroblasts have significantly greater

optical density (OD) 492 nm values when compared to CD105⁻ fibroblasts indicating greater adipogenic potential (Fig. 3B). No difference in adipogenic potential

between CD105⁺ fibroblasts from different risk groups was observed and within each group there was large variability in adipogenic potential between CD105⁺ fibroblasts (Supplementary Fig. 3A and B).

Though not statistically significant, the fact that the top three strains with the greatest adipogenic potential are from women older than 55 years of age suggests that fibroblasts may contribute to increased adiposity of the breast with age [72, 73] (Supplementary Fig. 3B). Adipogenesis is one assay to identify MSC populations along with osteogenesis and chondrogenesis assays [62]. CD105⁺ fibroblasts did not exhibit ability to differentiate into osteoblasts when compared to a MSC positive control as measured by Alizarin-red staining (data not shown).

RNA sequencing also suggested that CD105⁺ fibroblasts exhibit a myofibroblast like state with enrichment of the "myogenesis" term (Fig. 2D). Despite enrichment of this term, CD105⁺ fibroblasts regardless of donor did not reliably coexpress alpha smooth muscle actin (ACTA2), a marker of myofibroblasts [74] (Fig. 3C and Supplementary Fig. 3C). There was variability between strains in numbers of ACTA2⁺ fibroblasts present in culture and a trend towards greater expression of ACTA2 in cells that had lower levels of CD105 expression (Supplementary Fig. 3C).

The discordance between mRNA and protein abundance makes it challenging to define essential components of a niche using RNA-sequencing alone [75]. To combat this issue, a majority of the analytes selected to be measured using a custom Luminex panel were the protein products of significantly differentially expressed genes between CD105⁺ and CD105⁻ fibroblasts [76]. The remaining analytes measured were selected because they were either associated with immune modulation or had been previously reported to be associated with BRCA1^{mut/+} fibroblasts (e.g. MMP3) [77]. Six of the 19 analytes measured within detectable ranges differed in abundance between CD105⁺ and CD105⁻ fibroblasts (Fig. 3D). Strains clustered by CD105 expression when analyzed by PCA as was observed using RNA-sequencing (Supplementary Fig. 4A and B; Fig. 2A). All 6 differentially secreted proteins by CD105⁺ fibroblasts are involved in either the establishment of an immunosuppressive microenvironment or the direct polarization of macrophages towards an anti-inflammatory phenotype (Fig. 3D) [78-86]. Closer consideration of the effects of proteins produced by CD105⁺ fibroblasts suggest a tension in maintaining the CD105⁺ state. While periostin (POSTN) can increase the proliferation and ACTA2 expression of myofibroblasts [87], both dickkopf-related protein 1 (DKK1) and chemokine (C-C motif) ligand 2 (CCL2) inhibit myofibroblast differentiation and may explain why the sequencing data does not match ACTA2 expression in cultured cells (Fig. 2D, Fig. 3C) [88, 89]. A similar story emerges when contrasting thrombospondin-2 (TSP-2), a potent inhibitor of angiogenesis [82], with insulin-like growth factor-binding protein 2 (IGFBP-2), a protein that supports angiogenesis and the migration of endothelial cells [84]. The 6 proteins with increased abundance in the supernatant derived from CD105⁺ fibroblasts compared to CD105⁻ fibroblasts had significant correlation between RNA and protein level data (Fig. 3E). For the proteins that did not differ in abundance between fibroblast subtypes, only 3 of 13 had a significant correlation between RNA and protein expression (Supplementary Fig. 4C and D). The Luminex data suggest CD105⁺ fibroblasts have immunosuppressive characteristics, may influence myofibroblast differentiation, and may be involved in remodeling vasculature.

Fibroblast subtypes influence immune cell polarization and function

We next assessed whether CD105⁺ fibroblasts established an immunosuppressive microenvironment by influencing the polarization of macrophages. Primary cocultures were established leveraging a previously published protocol for differentiating pro- and anti-inflammatory macrophages from primary monocytes (Fig. 4A) [56]. After differentiation/polarization (Fig. 4A), pro-inflammatory macrophages express CD80 and anti-inflammatory macrophages uniformly express CD206 and CD163 (Supplementary Fig. 5A). After 4 days of direct coculture between differentially polarized macrophages and sorted fibroblasts (Supplementary Fig. 5B), CD80 expression is completely lost in all conditions (data not shown).

(See figure on next page.)

Fig. 3 CD105⁺ fibroblasts exhibit robust adipogenesis and secrete proteins related to polarization of macrophages and angiogenesis. **A** (left panel) Representative brightfield images (10X objective) of CD105 sorted fibroblasts from strain 169 grown in control or adipogenic media for 2 weeks, fixed, and stained with oil red O (ORO) (scale bar = 200 μ m). (right panel) Photograph of wells of a 12-well plate imaged in the left panel. **B** Quantification of ORO staining in sorted fibroblasts grown in adipogenic media by measuring OD (optical density) 492 nm using a plate-reader spectrophotometer, paired t test (P value = 0.0063). **C** Representative fluorescent images of DNA (Hoechst, blue), ACTA2 (green), and CD105 (red) expression in fibroblasts from 3 different donors (scale bar = 200 μ m). **D** Concentration of each analyte measured in the supernatant of sorted CD105⁺ and CD105⁻ fibroblasts cultured for 4 days, Paired t test. **E** Correlation between protein and transcript level expression of each analyte in each strain, (CD105⁻ fibroblasts in blue and CD105⁺ fibroblasts in orange) simple linear regression plotted with 95% confidence intervals



Fig. 3 (See legend on previous page.)



Fig. 4 Fibroblasts influence macrophage polarization. **A** Scheme for macrophage polarization and subsequent fibroblast coculture. **B** Flow cytometry analysis of CD45 enriched macrophages following 4 days of culture without polarization media. **C-E** qPCR analysis of CD45 enriched macrophages following 4 days of culture without polarization media. **C** Pro-inflammatory genes normalized to day 4 (D4) pro-inflammatory macrophages in monoculture. **D** Anti-inflammatory genes normalized to D4 anti-inflammatory macrophages in monoculture. **E** Tumor-associated macrophage genes normalized to D4 anti-inflammatory macrophages in monoculture, unpaired t tests used to determine significance (ns P > 0.05, $*P \le 0.01$, *** $P \le 0.001$, **** $P \le 0.001$) and error bars represent standard deviation

CD206 is significantly induced and suppressed in proand anti-inflammatory macrophages, respectively, when cocultured with fibroblasts (Fig. 4B, left). There is a trend towards increased CD163 expression in pro-inflammatory macrophages with fibroblast coculture and a significant increase in CD163 expression in anti-inflammatory macrophages cocultured with CD105⁺ fibroblasts compared to anti-inflammatory macrophages cultured for 4 days without polarization media (Fig. 4B, right).

After 4 days of coculture with fibroblast subtypes, macrophages were isolated using magnetic bead enrichment for CD45. This method yields a pure macrophage population with good viability (Supplementary Fig. 5C and D). Expression of pro-inflammatory genes was then assessed by qPCR (Fig. 4C). $TNF\alpha$ expression decreases

in pro-inflammatory macrophages after 4 days of culture but is significantly further decreased by coculture with CD105⁺ fibroblasts. *IL1\beta* expression also decreases in culture for pro-inflammatory macrophages; however, anti-inflammatory macrophages cocultured with fibroblasts significantly increase the expression of this pro-inflammatory gene. CXCL1 expression is maintained at baseline (day 0, D0) levels by fibroblast coculture in pro-inflammatory macrophages and induced in anti-inflammatory macrophages cocultured with fibroblasts. IL6 expression also increases relative to monoculture in both macrophage subtypes cocultured with fibroblasts. Immediate and transient expression of these pro-inflammatory cytokines is essential for response to environmental stressors, and chronic expression can contribute to immune exhaustion and disease states [90, 91]. Expression of anti-inflammatory genes was also measured (Fig. 4D). IL10 expression is increased in pro-inflammatory macrophages after 4 days regardless of culture condition, but expression is significantly increased in anti-inflammatory macrophages cocultured with fibroblasts. CD206 increases in expression in proinflammatory macrophages cocultured with fibroblasts to the same level as freshly polarized anti-inflammatory macrophages which agrees with protein level expression (Fig. 4B, left). CD105⁻ fibroblasts significantly increase the expression of CD206 in anti-inflammatory macrophages which according to new research, may actually improve adaptive immune surveillance of tissue [92]. CD163 expression increases in expression in pro-inflammatory macrophages cocultured with fibroblasts to a level that is similar to D4 anti-inflammatory macrophages in monoculture. Surprisingly, when considering protein level expression (Fig. 4B, right), CD163 expression decreases in anti-inflammatory macrophages in coculture with fibroblasts. FN1 expression is lost in culture in anti-inflammatory macrophages, but fibroblast coculture can induce expression in pro-inflammatory macrophages to levels akin to freshly polarized anti-inflammatory macrophages and expression is maintained in anti-inflammatory macrophages cocultured with fibroblasts. Fibroblast coculture increased expression of genes relevant to tumor-associated macrophages (Fig. 4E) [93–95]. CXCL12 expression was significantly increased in pro-inflammatory macrophages cocultured with CD105⁻ fibroblasts and fibroblast culture regardless of CD105 expression increased CXCL12 expression in anti-inflammatory macrophages. The expression of the cognate receptor for CXCL12, CXCR4, only increased in anti-inflammatory macrophages cocultured with fibroblasts. IL33 expression was induced in anti-inflammatory macrophages cocultured specifically with CD105⁺ fibroblasts. This cytokine has been associated with anti-inflammatory macrophages contributing to T_h^2 immune responses as well as the expansion and immunosuppressive function of myeloid-derived suppressor cells (MDSCs) in the tumor microenvironment [96, 97]. We find that these peri-epithelial fibroblasts maintain and enhance macrophage polarization.

A more effective readout of a macrophage's polarization state is its functional ability to inhibit T cell proliferation. Primary tricultures were established between CD3/CD28 stimulated T cells, polarized macrophages, and sorted fibroblasts (Fig. 5A). Triculture did not influence the composition of CD4⁺ and CD8⁺ T cells in culture (Fig. 5B). Proliferative clusters were observed when T cells were stimulated with CD3/CD28 beads and when stimulated T cells were cultured with pro-inflammatory macrophages (Supplementary Fig. 5E). T cells labeled with a CellTrace dye were removed from culture after 3 days and proliferation was measured by quantifying dilution of dye. Most cells in suspension were CD3⁺ (Supplementary Fig. 5F). Around 40% of both CD4⁺ and CD8⁺ T cells are proliferating after 3 days in culture (Fig. 5C and D). Both pro- and anti-inflammatory macrophages suppress the proliferation of stimulated T cells in culture, but the suppressive effect anti-inflammatory macrophages have on proliferation of T cell subtypes is greater than that of pro-inflammatory macrophages (Fig. 5C and D). There is a non-significant trend of decreased proliferation in T cells cultured with pro-inflammatory macrophages and CD105⁺ fibroblasts compared to T cells in combination with CD105⁻ fibroblasts (Fig. 5C and D). Anti-inflammatory macrophages dramatically suppress the proliferation of T cells, which is apparent when viewing representative histograms of CellTrace dilution (Supplementary Fig. 5G and H). An enhancement of this immunosuppressive phenotype would be difficult to detect, but CD105⁻ fibroblasts reduce the ability of anti-inflammatory macrophages to suppress CD4⁺ T cell proliferation relative to anti-inflammatory macrophages alone (Fig. 5C). $CD105^+$ fibroblasts maintain the ability of anti-inflammatory macrophages to suppress CD4⁺ T cell proliferation (Fig. 5C). CD105⁺ fibroblasts maintain the immunosuppressive effects of anti-inflammatory macrophages and coax pro-inflammatory macrophages towards a more anti-inflammatory phenotype.

The CD105⁺ signature identifies macrophage-interacting fibroblasts that increase in postmenopausal women

To assess the in vivo relevance of the conclusions drawn from analyzing cultured CD105⁺ fibroblasts, we performed single-cell gene set enrichment analysis (scG-SEA) using UCell [49] on publicly available scRNA-seq datasets from human breast tissue [25, 28, 47]. The top



and subsequent fibroblast nave a modest impact on macrophages ability to inhibit T cell proliferation. A Scheme for macrophage polarization and subsequent fibroblast and T cell coculture. **B** T cell subtype composition after 3 days in various coculture conditions: (left panel) percentage CD3⁺CD4⁺ T cells (right panel) percentage CD3⁺CD8⁺ T cells. **C** and **D** CellTrace was used to label T cells and measure proliferation of T cell subsets after 3 days in various coculture conditions. **C** Percentage of proliferating CD3⁺CD4⁺ T cells. **D** Percentage of proliferating CD3⁺CD8⁺ T cells, GraphPad Prism v.9.3.1 was used to perform two-tailed unpaired T-tests and error bars represent standard deviation

30 differentially expressed genes between CD105⁺ and CD105⁻ fibroblasts (Fig. 2B, Supplementary Table 3) comprise the CD105⁺ fibroblast signature (Fig. 6A and B, Supplementary Fig. 6A-I) that is more effective at identifying specific cell types and subtypes than single genes (ENG and CD248) (Supplementary Fig. 6A and F). Enrichment of the CD105 signature is greatest in the fibro-prematrix subtype of fibroblasts from Kumar et al., which through spatial transcriptomics were found to be enriched around TDLUs (Fig. 6A). In this same dataset, the CD105 signature was also enriched in fibroblasts from postmenopausal women and women with dense breasts (Fig. 6B, Supplementary Fig. 6C). Also in this dataset, the signature was decreased in fibroblasts from underweight women and women of Asian descent (Supplementary Fig. 6B and D). A technical observation from the preparation of single cell suspensions for the Kumar et al. dataset is that the CD105 signature is most enriched in fibroblasts from tissues dissociated for the shortest period, and enrichment decreases with increasing dissociation time (Supplementary Fig. 6E). We note that differences in starting material (organoids versus whole tissue) and variations in dissociation protocols may contribute to the observed decrease in CD105 signature enrichment with longer collagenase treatment times. Leveraging another dataset that sequenced tissue from both AR and BRCA1 mutation carriers, the CD105 signature was enriched in fibroblast subtypes FB1 and FB2 which were both found to increase with age and parity (Supplementary Fig. 6F) [25]. Considering changes to fibroblast composition in women with BRCA1 mutations presented earlier (Fig. 1A), it was surprising that fibroblasts from BRCA1 mutation carriers were not found to be enriched for the CD105 signature and in another dataset [47], BRCA1^{mut/+} fibroblasts had decreased enrichment of the signature (Supplementary Fig. 6H and I). Cell:cell interactions between fibroblast and innate immune cell subtypes were investigated using CellChat [51]. The number and strength of interactions between M2 (anti-inflammatory) macrophages and fibro-prematrix fibroblasts increase in postmenopausal women with a concurrent decrease in the interactions between M1 (pro-inflammatory) macrophages and fibro-prematix fibroblasts in these women (Fig. 6C). All prior scRNA-seq analysis was performed on preneoplastic fibroblasts. Leveraging a publicly available dataset comprised of CAFs from different breast

cancer subtypes [47], the CD105 signature was found to be most enriched in CAFs associated with triple-negative breast cancer (TNBC) (Supplementary Fig. 6I). TNBCs are often characterized by abundant infiltration of tumor associated macrophages that exhibit immunosuppressive effects [98, 99]. Further research is needed to determine if CD105⁺ CAFs in TNBC contribute to this aspect of the tumor microenvironment. scRNA-seq analysis revealed the CD105 signature established from cultured fibroblasts can identify a fibroblast subpopulation enriched around TDLUs, that increases in postmenopausal women and has increased communication with anti-inflammatory macrophages.

Continuing our efforts to relate observations made in primary fibroblasts back to the tissue, we sought to measure the expression of CD105 in tissue sections. Unfortunately, because the CD105 epitope is sensitive to formalin fixation, we were unable to measure CD105 expression in FFPE sections from some of the same donors as the fibroblast strains analyzed. To remedy this, CD248, which is highly upregulated in CD105⁺ fibroblasts (Fig. 2C), and has previously been described as a proxy marker for CD105 [22] with comparable enrichment in TDLUs as CD105 [16], was used to identify intralobular fibroblasts in situ. Lobules and ducts were identified in tissue sections by morphology and keratin expression in epithelial cells (Supplementary Fig. 6J) and relative intensity of CD248 was then measured in 12 specimens (Supplementary Fig. 6K). Stromal cells surrounding ducts with clear delineation between myoepithelial (K14⁺) and luminal (K19⁺) cells had lower expression of CD248 compared to lobules that are characterized by sporadic K19 and K14 expression (Fig. 6D left panel). CD248 expression was significantly higher in lobules compared to ducts, but did not differ in expression in either structure between AR and BRCA1 mutation carriers (Fig. 6D right panel).

Discussion

We previously introduced the concept of accelerated aging in the epithelial compartment of women who possessed clinically relevant *BRCA1* mutations [100, 101]. It was not known whether this phenomenon extended beyond the epithelium. In this manuscript we demonstrate that in younger women, the distribution of CD105⁺ and CD105⁻ fibroblasts is about an equal ratio, but with age, this distribution skews towards CD105⁺ fibroblasts. We observed a similar trend in fibroblasts from younger women with BRCA1 mutations that is consistent with the idea of accelerated aging of the stroma. CD105⁺ fibroblasts were found to be a stable population in culture and are enriched for genes related to negative regulation of the immune system, angiogenesis, myogenesis, and adipogenesis. There are transcriptional differences between CD105⁺ fibroblasts from average risk and BRCA1^{mut/+} donors - BRCA1^{mut/+} CD105⁺ fibroblasts are enriched for genes related to fibrosis and chronic inflammatory disorders. An essential aspect of the results we report is the experimental validation of the significance of pathways related to adipogenesis and negative regulation of the immune system.

CD105⁺ fibroblast-specific effects on macrophages include: increasing expression of CD163 in anti-inflammatory macrophages, suppressing $TNF\alpha$ expression in pro-inflammatory macrophages, increasing *IL33* expression in anti-inflammatory macrophages, and maintaining anti-inflammatory macrophage-mediated suppression of CD4⁺ T cell proliferation. The association between CD105⁺ fibroblasts and anti-inflammatory macrophages extended beyond the dish as fibroblast subpopulations from postmenopausal women found to be enriched for the CD105⁺ signature had increased interactions with anti-inflammatory (M2) macrophages and fewer interactions with pro-inflammatory (M1) macrophages when compared to their premenopausal counterparts. The aged stroma may increase susceptibility to breast cancer

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Fig. 6 Contextualizing the CD105⁺ fibroblast signature. **A** and **B** scGSEA was performed on fibroblasts from a scRNA-seq dataset [28] using a custom gene list comprised of the top 30 gene differentially expressed in CD105⁺ fibroblasts (Fig. 2B), standardized mean difference: small effect size (0.2–0.5) *, medium effect size (0.5–0.8) **, large effect size (> 0.8) ***. **A** Split by fibroblast subtype. **B** Fibroblasts split by menopausal status. **C** CellChat was used to infer number and strength of interactions between different cell subtypes from pre and postmenopausal women [28]. **D** (left panel) Representative fluorescent image (20X objective) of DNA (Hoechst, blue), KRT19 (K19, green), KRT14 (K14, red), and CD248 (magenta) in a tissue section from donor C073 (scale bar = 100 µm). (right panel) Quantification of CD248 expression in different structures in tissue sections from donors with different *BRCA1* mutational backgrounds, (AR duct n = 28, AR lobule n = 66, HR duct = 30, HR lobule = 52) Mann–Whitney U test (**** = < 0.0001, ns = > 0.05). **E** Graphical summary of CD105⁺ fibroblasts. CD105⁺ fibroblasts increase in proportion in older women and younger women with *BRCA1* mutations. They have increased adipogenic potential and express a host of fibroblast and MSC markers. CD105⁺ fibroblasts are enriched for an immunosuppressive gene signature and secrete factors associated with ant-inflammatory macrophage polarization. CD105⁺ fibroblasts reduce the expression of *TNFa* in pro-inflammatory macrophages, and increase expression of CD163 and *IL33* in anti-inflammatory macrophages to inhibit CD4⁺ T cell proliferation



Fig. 6 (See legend on previous page.)

as it becomes more adipogenic and immunosuppressive (Fig. 6E).

Recently reported, unique features of the BRCA-1^{mut/+} microenvironment include the increased infiltration of CD8⁺ T cells and the increased expression of PDL1 on luminal cells and macrophages that combine to describe an exhausted immune microenvironment ripe for immune escape [25]. Increased median cell density of CD8⁺ and CD4⁺ T cells in the normal/ benign breast lobules of BRCA (BRCA1 or BRCA2) mutation carriers compared to average risk women has previously been reported [102]. In that study population comprised primarily of women < 55 years of age, lobules of BRCA mutation carriers not only had increased numbers of T cells compared to average risk counterparts, but also increased numbers of CD68⁺ macrophages and CD11c⁺ dendritic cells. When aging is taken into consideration, mean density of CD3⁺ T cells declines with age only in high-risk women [29]. Increased immune infiltration in women carrying BRCA1 mutations attributed to increased mutational burden leading to the formation of neoantigens [103]. In the present study, cultured CD105⁺ fibroblasts were shown to influence macrophage polarization and maintain macrophage's ability to suppress T cell proliferation. Future work should directly address how CD105⁺ fibroblasts may directly recruit and influence T cells through CCL2 (Fig. 2C) or in combination with macrophages due to the expression of CXCL12 (Fig. 4E).

BRCA1-associated cancers, especially TNBC, are characterized by increased infiltration of tumor-promoting immunosuppressive macrophages, CD4⁺ T_{regs}, and exhausted T cells [27, 104, 105]. How CAFs contribute to this immune microenvironment is an active field of study. CD105⁺ CAFs in the murine pancreas were found to be tumor permissive whereas CD105⁻ CAFs were able to support anti-tumor immunity mediated through T and B cells [67]. Beyond immunosuppression, CD105⁺ CAFs have been shown to differentiate cancer cells and increase their metastatic potential in models of cancer in the prostate and colon [66, 106]. In the breast, CD105⁺ CAFs are associated with metastatic recurrence and increased tumor size [17] as well as being prognostic markers for bone metastasis in early breast cancer patients [18]. Even though the CD105⁺ fibroblast signature is enriched in TNBC CAFs and not in CAFs from other subtypes (Supplementary Fig. 6I), CD105⁺ CAFs are still relevant to the other breast cancer subtypes. Morsing et al. originally described the division of interfrom intralobular fibroblasts using both CD105 and CD26 to mark subpopulations [16]. As reported in this manuscript, they also described CD105⁺/CD26⁻ fibroblasts to be slow growing, transcriptionally similar to tumor stroma (myofibroblast-like), have adipogenic and osteogenic differentiation capacity, and support luminal outgrowth which is dependent on TGF β activity [16, 22]. Building on this foundation, they found that CD105^{-/} CD26⁺ fibroblasts support myoepithelial differentiation and bipotent progenitor cell activity [22]. Most recently, CD105 expression was found to mark myCAFs and absence of expression in iCAFs from ER⁺ breast cancers [23]. Collectively, these findings highlight the complexity of fibroblast heterogeneity in shaping the tumor microenvironment and emphasize the need to target specific fibroblast populations, especially in aging-related breast cancers.

Defining fibroblast subtypes is an important pursuit because it allows for greater understanding about normal niches, precancerous niches, and the cell of origin for CAFs. A population of PROCR⁺/ZEB1⁺/PDGFR α^+ (PZP) fibroblasts are enriched in African American breast tissues [107]. Like the CD105⁺/CD26⁻ fibroblasts, PZP fibroblasts are capable of adipogenic and osteogenic differentiation and when cocultured with epithelial cells allowed for luminal progenitor basalization [107]. This fibroblast subpopulation was found to secrete factors also related to polarization of anti-inflammatory macrophages like CXCL12, HGF, CSF1, and POSTN [108, 109]. Where these researchers found heterogeneity in PROCR and PDGFRa expression, the fibroblasts analyzed in this manuscript had ubiquitous expression of both markers. This is the great challenge of defining subsets of fibroblasts in culture and efforts should be made to define populations first in tissue using spatial transcriptomics and multi-omics approaches. A more holistic understanding of fibroblasts in native states must begin in tissue and can be supplemented by investigation in culture.

A strength of this manuscript is the number of strains used in each experiment. Only through profiling so many strains from donors differing in age and BRCA1 mutational status can the variability between individuals be appreciated and trends emerge. Transcriptional profiling of cells can provide valuable insights into pathways that are differentially activated in one cell type vs. another; however, sequencing results can often produce more candidate genes than are experimentally tractable. Top gene candidates found to be differentially expressed between CD105⁺ and CD105⁻ fibroblasts were explored at the protein level either with ACTA2 staining or with the Luminex assay. Six of the 23 analytes measured were found to be significantly differentially secreted by CD105⁺ fibroblasts when compared to matched CD105⁻ fibroblasts. These six analytes all were associated with the establishment of an immunosuppressive niche and this manuscript explored the interaction between fibroblast

subtypes in the breast and immune cells which up to this point had yet to be attempted in culture. Cocultures between CAFs and immune cells are well-trodden, but the novelty of this manuscript is that it explores the interactions between normal fibroblasts and immune cells from healthy donors. Rather than relying on nonphysiological concentrations of pleiotropic cytokines, direct cocultures likely provide a more realistic insight into how stromal cells may influence immune subpopulations. The confusion in interpreting the results of the fibroblast:macrophage coculture experiments highlights the importance of moving beyond a false M1/M2 (anti-/ pro-inflammatory) dichotomy [110]. The CD105 phenotype established and explored here in culture identifies a subpopulation of fibroblasts in vivo that increase in postmenopausal women and are enriched around TDLUs.

Should there be further support in the future for the expansion of CD105⁺ fibroblasts as a contributing factor to breast cancer susceptibility, this population or the proteins secreted by these fibroblasts could be directly targeted for therapeutic gains. Carotuximab, a humanized monoclonal antibody developed to inhibit angiogenesis by targeting CD105, has been used in clinical trials to target CD105⁺ CAFs in metastatic, castration resistant prostate cancer [111]. Far-fetched prevention studies can be imagined that would use this therapeutic to reshape the composition of fibroblasts in the disease-free breast of women at high risk of developing breast cancer. POSTN production was enriched in CD105⁺ fibroblasts and may be able to be targeted by administration of Warfarin, which was been shown to reduce the production of Gla domain containing proteins [112]. Another, preventative therapeutic option is the targeted, short-term administration of ibuprofen or similar NSAIDS to reduce the ability of fibroblasts to establish an immunosuppressive niche [113]. Preventing deleterious fibroblast subpopulations from expanding could be more effective than targeting CAFs which likely arise from the same tissue resident fibroblast populations [19, 23].

Differences between CD105⁺ and CD105⁻ fibroblasts were often subtle. It was only with increased sample number that differences between younger and older luminal cells could be appreciated [114, 115]. As the experiments reported here were unable to detect significant differences between genes expressed in younger (n = 6) and older (n = 5) CD105⁺ fibroblasts, increasing the sample number may be the only way to reveal differences between younger and aged stromal niches. While fibroblasts had an impact on macrophage polarization, very few differences were observed between how different fibroblast subtypes polarize macrophages. A major challenge during coculture experiments was optimizing media conditions for all cell types. Media conditions that supported macrophage and T cell growth were suboptimal, even inhibitory, for fibroblast proliferation and vice versa. These challenges with the media may have blunted the true impact of different fibroblast subtypes. Finally, CD105 expression was difficult to detect both in scRNAseq data as well as in FFPE tissue sections. Low expression of CD105 in fibroblasts in scRNA-seq was remedied by implementing a CD105 signature. CD248 served as a proxy marker for CD105 in tissue; however, CD248⁺ fibroblasts may not directly overlap with CD105⁺ fibroblasts which would explain the discrepancy between increased CD105⁺ fibroblast proportion in cultured fibroblasts from women with *BRCA1* mutations that was not mirrored by CD248 expression in tissue sections.

Future experiments are required to identify the most important factors secreted by fibroblast subtypes related to the establishment of an immunosuppressive niche. These factors may be proteins as analyzed in this paper using an ELISA based assay or these factors may be exosomes or metabolic byproducts. Robust enough phenotypes were not observed to merit downstream mechanistic studies. Similarly challenging experiments should be conducted to understand the impact of fibroblasts on endothelial cells and angiogenesis. Finally, future approaches to define fibroblast heterogeneity should take into consideration menstrual cycle phase [2, 116, 117] and move beyond the use of one or two cell surface markers to define complex and dynamic fibroblast populations.

Conclusions

CD105⁺ fibroblasts increase in proportion with age and in women with BRCA1 mutations. These fibroblasts are enriched for genes related to and negative regulation of the immune system and there are transcriptional differences between BRCA1^{mut/+} and BRCA1^{WT} CD105⁺ fibroblasts. CD105⁺ fibroblasts secrete proteins related to the establishment of an anti-inflammatory and angiogenic niche. Macrophages cocultured with fibroblasts better maintain their polarization states with CD105⁺ fibroblasts promoting the expression of CD163 and IL33 in anti-inflammatory macrophages and reducing the expression of TNFa in pro-inflammatory macrophages. The CD105 transcriptional pattern defined in culture is relevant to in vivo conditions and identifies a subset of fibroblasts enriched in postmenopausal women that have increased interactions with anti-inflammatory macrophages when compared to fibroblasts derived from premenopausal women. Understanding the function of CD105⁺ fibroblasts in the preneoplastic niche is essential as CD105⁺ CAFs are associated with such poor patient outcomes. Coculture models like the ones presented

in this manuscript may allow for cell:cell interactions involved in establishing TDLUs that are at high risk of cancer initiation to be studied and manipulated in the dish.

Abbreviations

TDLUs	Terminal ductal lobular units
ECM	Extracellular matrix
Tregs	Regulatory T cells
HMEC	Human mammary epithelial cell
PD	Population doublings
ORO	Oil Red O
IPA	Isopropanol
GO	Gene ontology
IPA	Ingenuity pathway analysis
scGSEA	Single cell gene set enrichment analysis
PBS	Phosphate-buffered saline
AR	Average risk
myCAFs	Myofibroblast-like cancer associated fibroblasts
MSC	Mesenchymal stem cell
PCA	Principal component analysis
OD	Optical density
MDSCs	Myeloid-derived suppressor cells
TNBC	Triple-negative breast cancer
PZP	PROCR+/ZEB1+/PDGFRa+

Supplementary Information

The online version contains supplementary material available at https://doi.org/10.1186/s13058-025-02040-7.

Supplementary Material 1: Supplementary Fig. 1. Characterization of early passage fibroblasts from women with varying breast cancer susceptibility. A Histogram overlays normalized by mode of CD105 expression measured by flow cytometry in fibroblasts from average risk (n = 20) and $BRCA1^{mut/+}$ (n = 10) women ordered by increasing age for both conditions with stained cells in gray overlaid with unstained cells with no fill. B Flow cytometry measurement of CD105 expression in sorted fibroblasts of increasing passage number used to generate growth curves. C Flow cytometry measurement of various fibroblast and mesenchymal stem cell markers in younger average risk (≤ 35y: C073, C051, 169), younger BRCA- $1^{mut/+}$ (\leq 35y: C078, C145, C147, C023 (only PDPN)), and older average risk (> 55y: 117, C094, C045) fibroblasts; 2-way ANOVA with Tukey's multiple comparisons test (adjusted P value = 0.0016) and error bars represent standard deviation. Supplementary Fig. 2. Transcriptional profiling of CD105⁺ fibroblasts from women with varving breast cancer susceptibility. A FACS summary dot plots for the 15 strains that were sorted CD105^{-/} CD105⁺ prior to RNA-sequencing with strain, age (y), and passage (p) number listed above each plot. B GO biological processes enriched in CD105⁺ compared with CD105 fibroblasts, Kolmogorov–Smirnov values < 0.05. Supplementary Fig. 3. Characterization of CD105⁺ fibroblast adipogenesis and ACTA2 expression A Representative brightfield images (10X or 20X objectives) from previously sorted CD105⁺ fibroblasts grown in adipogenic media for 2 weeks, fixed, and neutral lipids stained with ORO (above each image: strain (age) passage) (scale bar = 200 µm). B Ouantification of ORO staining in sorted fibroblasts from women varving in breast cancer susceptibility by measuring OD (optical density) 492 nm using a plate-reader spectrophotometer (neg and pos following strain name refers to CD105⁺ and CD105⁻ fibroblasts, respectively) (MSC in adipogenic media sets dotted baseline). C Dot plots representing mean intensity values calculated using CellProfiler for ACTA2 and CD105 in fibroblasts (strain and passage listed above each plot). Supplementary Fig. 4. Quantifying proteins secreted by fibroblasts. A FACS summary dot plots for the 15 strains that were sorted CD105⁻/CD105⁺ prior to Luminex assay with strain, age (y), and passage (p) number listed above each plot. B PCA of the 17 analytes within detectable range for the 29 specimens analyzed by Luminex. C Concentration of each analyte measured in supernatant of sorted CD105⁺ and CD105⁻ fibroblasts, Paired t test. D Correlation between protein and transcript level expression of each analyte in each

strain, simple linear regression plotted with 95% confidence intervals. Supplementary Fig. 5. Fibroblast:immune cell cocultures. A Representative histograms for D0 macrophages after 8 days of polarization. B Representative brightfield images (4X objective) of CD105 sorted fibroblasts cultured with differently polarized macrophages for 4 days (scale bar = $200 \mu m$). C CD45 expression of cell suspension after CD45 positive selection following 4 days of macrophage and fibroblast coculture. D Percentage of DAPI-/ CD45⁺ macrophages after 4 days in various coculture conditions. E Representative brightfield images (4X objective) of CD105 sorted fibroblasts cultured with differently polarized macrophages and T cells for 3 days (scale bar = 200 μ m). F Flow cytometry was used to measure the percentage of CD3⁺ cells in suspension following 3 days of different coculture conditions, error bars represent standard deviation. G and H Representative histograms at D3 for CellTrace dilution in G CD4⁺ T cells and H CD8⁺ T cells (stimulated cells in gray and unstimulated cells with no fill). Supplementary Fig. 6. Contextualizing the CD105⁺ signature continued. A Expression of ENG and CD248 as well as the enrichment for the CD105⁺ fibroblast signature overlaid onto the UMAP of fibroblasts from [28, 107]. B-E scGSEA exploration of the CD105 signature in fibroblasts from [28, 107]. B Split by BMI group. C Split by breast density. D Split by self-reported ethnicity. E Split by dissociation time. F Expression of ENG and CD248 as well as the enrichment for the CD105⁺ fibroblast signature overlaid onto the UMAP of stromal cells from [25]. G and H scGSEA exploration of the CD105 signature in fibroblasts from [25]. G Split by subtype. H Split by risk status. I scGSEA exploration of the CD105 signature in fibroblasts from [47],standardized mean difference: small effect size (0.2-0.5) *, medium effect size (0.5-0.8) **, large effect size (> 0.8) ***..J (left panel) Representative fluorescent image (20X objective) of DNA (Hoechst blue), CD248 (green), KRT19 (red), and KRT14 (magenta) in a tissue section. (right panel) ImageJ based selection of lobules, ducts, and background for CD248 relative intensity calculations. K Quantification of CD248 expression in different structures in tissue sections from donors with different ages and BRCA1 mutational backgrounds, (Younger AR \leq 33y, Older AR \geq 55y, Younger *BRCA1^{mut/+}* \leq 36y, Older *BRCA1^{mut/+}* \geq 53y), Mann–Whitney U test.

Supplementary Material 2.

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Authors' contributions

E.G.C. and M.A.L. conceived the study; E.G.C., Y.Y., S.P., and M.A.L. designed the experiments; E.G.C., J.C.L., Y.Y., and J.G. performed the experiments; E.G.C. and Y.Y. analyzed and interpreted the data; E.G.C. wrote the manuscript. All authors read and approved the final manuscript.

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Data availability

Sequencing data is uploaded to Gene Expression Omnibus.

Declarations

Ethics approval and consent to participate

The present study was approved by the Human Subjects Committee and the Institutional Review Board (IRB) (17185) at City of Hope. Women were consented in person and sequentially; all women signed a City of Hope IRB-approved consent before trial entry. Breast organoids from reduction mammoplasties were prepared at the Lawrence Berkeley National Laboratory (Berkeley, CA) with approved IRB for sample distribution and collection from specific locations. Leukapheresis products (whole blood discard kits) were obtained from consented healthy donors under protocols approved by the City of Hope Internal Review Board.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

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